

# Milledgeville State Hospital

## SCHOOL OF NURSING

MILLEDGEVILLE, GEORGIA



School of Nursing Announcement

1945 - 1946



# OFFICERS OF ADMINISTRATION

## STATE DEPARTMENT OF PUBLIC WELFARE

JUDGE A. J. HARTLEY, *Director*

## STATE BOARD OF SOCIAL SECURITY

JUDGE A. J. HARTLEY, *Chairman*  
Atlanta, Georgia

ALFRED DORMAN.....*First District*  
Statesboro, Georgia

JESSE A. DRAKE.....*Second District*  
Colquitt, Georgia

JOE S. BURGIN, SR.....*Third District*  
Buena Vista, Georgia

DR. M. F. COCHRAN.....*Fourth District*  
Newnan, Georgia

FRANK G. THOMAS.....*Fifth District*  
Decatur, Georgia

DR. RICHARD BINION.....*Sixth District*  
Milledgeville, Georgia

RYAN FRIER.....*Seventh District*  
Cartersville, Georgia

DR. S. W. MARTIN.....*Eighth District*  
Hazlehurst, Georgia

ROY P. OTWELL.....*Ninth District*  
Cumming, Georgia

DR. W. H. RHODES.....*Tenth District*  
Union Point, Georgia

## OFFICERS OF ADMINISTRATION

### HOSPITAL STAFF

DR. Y. H. YARBROUGH.....*Superintendent*  
DR. C. G. COX.....*Clinical Director*  
MRS. MAE M. JONES, R. N.....*Director School of Nursing*  
MRS. IRMA S. MARSH, R. N.....*Director Nursing Service*

### ADMISSIONS COMMITTEE

DR. C. G. COX  
MRS. MAE M. JONES, R. N.  
MRS. IRMA S. MARSH, R. N.

# SCHOOL OF NURSING

## *Faculty*

- MRS. MAE M. JONES, R. N.....*Director School of Nursing*  
White Cross Hospital, Columbus, Ohio
- MRS. IRMA S. MARSH, R. N.....*Director Nursing Service*  
Milledgeville State Hospital School of Nursing  
University of North Carolina, Chapel Hill, N. C.  
University of Georgia, Athens, Georgia.
- MRS. MYRA S. BONNER, R. N.....*Instructor*  
Milledgeville State Hospital School of Nursing  
Cook County Hospital, Chicago, Ill.  
Georgia State College for Women, Milledgeville, Georgia  
University of Georgia, Athens, Georgia
- MRS. RUBY P. CHEEVES, R. N.....*Assistant Instructor Nursing  
and Allied Subjects*  
Milledgeville State Hospital School of Nursing  
University of Georgia, Athens, Georgia.
- MRS. MYRTLE L. PASCHAL, R. N.....*Supervisor*  
Milledgeville State Hospital School of Nursing  
University of Virginia, Charlottesville, Va.
- MISS RUTH DAVIS, R. N.....*Night Supervisor*  
Milledgeville State Hospital School of Nursing
- MISS BESSIE WILLIAMSON, R. N.....*O. R. Supervisor*  
Milledgeville State Hospital School of Nursing  
University of Georgia, Athens, Ga.
- MRS. MARIE S. ECHOLS, B. S.....*Dietitian*  
Emory University, Atlanta, Georgia  
Columbia University, New York, N. Y.
- MISS GLADYS KITCHING, R. N.....*Supervisor*  
Milledgeville State Hospital School of Nursing

MISS OUIDA ANDREWS, R. N.....*Supervisor*  
Milledgeville State Hospital School of Nursing

MRS. BLANCHE B. MCMILLIN, R. N.....*Head Nurse*  
Milledgeville State Hospital School of Nursing  
Peabody College, Nashville, Tenn.

MRS. ANNIE P. JONES, R. N.....*Head Nurse*  
Milledgeville State Hospital School of Nursing

MRS. KITTIE GODARD, R. N.....*Head Nurse*  
Milledgeville State Hospital School of Nursing

MRS. HELEN G. WILLIAMS, R. N.....*Head Nurse*  
Milledgeville State Hospital School of Nursing

MISS VALLIE BADGER, R. N.....*Head Nurse*  
Milledgeville State Hospital School of Nursing

To be supplied—Occupation Therapy.....*Supervisor*

Medical Staff

*Faculty*

DR. GEORGE L. ECHOLS.....*Psychiatry*

DR. SAM ANDERSON.....*Medicine*

DR. Z. S. SIKES.....*Surgery*

DR. J. B. MOON.....*Surgery*

DR. VERONICA MURPHEY.....*Materia Medica*

DR. M. FERNAN NUNEZ.....*Microbiology and Pathology*

DR. J. D. COMBS.....*Sciences*

## HISTORY

The Milledgeville State Hospital was established in 1842 and has continued to grow and improve to meet an ever increasing demand.

The hospital has a daily average of 8166 patients and 963 employees.

The School of Nursing, offering a two year course, was established and chartered by an act of the General Assembly in 1910.

The course was extended to a three year course in 1912, though a new charter was not granted until 1916.

In 1923 provision was made for an affiliation of six months with some large general hospital. This was increased to nine months in 1923 and to twelve months in 1938. The students are sent to a large general hospital school of nursing at the beginning of the junior year for one year's affiliation.

The school is approved by the Board of Examiners of Nurses for Georgia and the American Psychiatric Association.

Because of the type of hospital and because of the great need for nurses, educated in the care of mentally ill patients, we feel this school offers opportunities to the young woman to prepare herself for a service, the education for which is not offered in a general hospital. The one year affiliation in a general hospital gives the student a well rounded education and prepares her to nurse all types of illness.

Graduates of the school are eligible for enrollment in the American Red Cross Nursing Service and employment in all fields of the Nursing Profession.

The School of nursing is located in the Jones Building which accommodates 350 beds. This unit is used for clinical instruction for student nurses.

The school was approved by the United States Public Health Service for participation in the United States Cadet Nurse Corps program on November 16, 1945.



## AIMS OF THE SCHOOL

The aims of the Milledgeville State Hospital School of Nursing are:

1. To educate young women who wish to become professional nurses in the Arts and Sciences so that they may be prepared to give adequate bedside nursing care.

2. To educate young women who elect to practice their profession in the field of psychiatry to intelligently recognize the underlying principles of mental diseases; to tactfully apply the principles of nursing care to the mentally ill patient and to be able to deal with the environmental factors which may affect mental health in the community.

3. To discover and stimulate the qualities of leadership in young women and encourage them to participate in elevating the standard of the profession.

4. To prepare young women that they may be able to attain a measure of economic security; to conserve their physical resources; to seek mental stimulus for further study and preparation in the way of life in which they may find those spiritual and cultural values which enrich and liberate human personality.

## ADMISSION REQUIREMENTS

All candidates are required to make formal application in writing on the blanks furnished by the school of nursing. A personal interview is desirable.

Three letters of recommendation (not from relatives) are required. It is requested that one recommendation be written by a teacher with whom the applicant has been a student.

The applicant must be between the ages of 18 and 30 years.

A transcript of the high school record should be submitted by the superintendent of the school from which the applicant graduated, and a transcript of the college record sent by the college attended.

A Pre-Nursing and Guidance test will be arranged for after the high school credentials have been studied.

Credentials are evaluated as soon as the application is completed.

A birth certificate is required.

Classes are enrolled in January and September of each year.

## EDUCATION REQUIREMENTS:

High school students who are admitted to the Milledgeville State Hospital School of Nursing must present evidence of graduation from a high school which was fully accredited by the State Accrediting Commission at the time of graduation, and a minimum of 16 earned Carnegie units. Special consideration is given the student whose record shows rank in the upper third of the class. The sixteen units of secondary school work that an applicant presents for admission to the school of nursing must include the following:

English .....	4 units
Foreign Language (Latin preferred) .....	2 units
Social Studies:	
History .....	1 or 2 units
Economics, Government or Sociology.....	1 unit
Mathematics:	
Algebra (advanced) .....	1 or 2 units
Geometry .....	1 unit
Science:	
Chemistry .....	1 or 2 units
Biology or Physics.....	1 unit
Home Economics or Health.....	1 unit
	<hr/>
Total .....	16 units

The High School credentials will be evaluated by the Board of Examiners for Nurses of Georgia.

## SCHOOL FACILITIES

### NURSES HOME:

The nurses home is a four story brick building located on the hospital grounds. The rooms are large, completely furnished and accommodate two students. A large double desk equipped with adequate lighting is provided in each room. Bath and toilet facilities are provided on each floor. A laundry room is provided in the basement and a sewing machine, electric iron and pressing room in student nurses quarters.

The lobby and parlor designed to meet the needs for social activities for residents and their guests are located on the first floor.

The cafeteria provides ample dining facilities and is located on the first floor.

### HOUSE REGULATIONS:

House regulations are in printed form and are presented to the student upon her arrival. It is understood that her presence in the school indicates her willingness to cooperate with the school administration in maintaining these regulations.

### STUDENT ACTIVITIES:

The Student Organization works with the faculty in maintaining desired standards among the students. Each class has its own organization, officers and faculty advisors.

Tennis is available on the hospital court.

Dancing is provided for in the Recreation Hall.

Hikes, picnics and other outdoor activities are arranged for upon request.

### CHURCH ACTIVITIES:

The school is nonsectarian though students are urged to form church affiliation in accordance with their choice and custom. Churches of various denominations are within walking distance of the residence so that it is possible for students to attend either morning or evening service.

### LIBRARY FACILITIES:

Student nurses have access to the Physician's and Nurse's Library which is located in the Nurses Home and the Jones Building.

## VACATION, SICK LEAVE AND HOURS ON DUTY:

Three weeks vacation is given the student each year.

Fifteen days sick leave is allowed the student during the three-year course.

All students work on an average of eight hours per day including class hours.

## HEALTH PROGRAM:

Students are given a thorough physical examination by a member of the staff before acceptance, at the beginning of the second and third year and prior to graduation. Early in the course they are given instructions on how to protect and conserve their health. Students are cared for by the hospital and medical staff in case of illness. The School is not responsible for surgery except emergencies.

## RESIGNATIONS AND DISMISSAL:

The Admission Committee reserves the right of dismissal of any student whose work or conduct makes it inadvisable for her to remain in the school. Inefficiency, misconduct, failure to make satisfactory grades, and inability to develop qualities necessary to the profession are considered adequate reasons for dismissal.

Poor health or emotional instability may make it necessary for resignation to be requested. It is the aim of the Admissions Committee to release students before they advance too far in the program of nursing.

## EXPENSES:

The student will be given full maintenance during the three years course. After the first four months the student will receive \$35.00 per month for necessary expenses.

The second year will be spent in some large general hospital, selected by this school, for additional experience in surgery, pediatrics, contagion, obstetrics, and out patient department. During this year she will receive no monthly stipend but full maintenance.

The senior year which will be spent in the home school, she will receive \$45.00 per month.

The student must furnish all books, uniforms, including a cape, shoes and hose.

Expenses.

The approximate expenses for the three years are as follows:

Uniforms .....	\$42.00
Books .....	50.00
Cape .....	15.00
Breakage .....	5.00

No tuition is charged.

## CURRICULUM:

The curriculum covers a period of three years and is as follows:

**FIRST YEAR:**

*First Term:*

Anatomy and Physiology.....	100 hours
Microbiology .....	45 hours
Chemistry .....	60 hours
Psychology .....	30 hours
Nursing Arts .....	120 hours
Ethics—Professional Adjustments No. 1.....	15 hours
History of Nursing.....	15 hours
Physical Education .....	15 hours

---

Total—First Term ..... 400 hours

*Second Term:*

Sociology .....	30 hours
Pathology .....	15 hours
Arithmetic of Solutions.....	15 hours
Pharmacology and Therapeutics.....	30 hours
Nutrition and Preparation of Foods.....	45 hours
Case Study Methods.....	4 hours
Nursing in Medical Diseases—	
Including: Medical Disease Lecture.....	15
Medical Disease Nursing.....	15 30 hours
Nursing in General Surgical Diseases—	
Including: Surgical Disease Lectures.....	15
Surgical Disease Nursing.....	15 30 hours
Nursing Arts .....	30 hours

---

Total Second Term..... 229 hours

Total Class Hours First Year..... 629 hours

**\*SECOND YEAR:**

*First Term:*

Diet in Disease.....	15 hours
Communicable Diseases, Including Tuberculosis, Venereal Dis- eases, and Dermatology.....	30 hours
Orthopedics .....	10 hours
Gynecology .....	5 hours
Urology .....	5 hours
Operating Room Technique.....	10 hours
Eye, Ear, Nose and Throat.....	15 hours

---

Total Class Hours First Term..... 90 hours

*Second Term:*

**OBSTETRICS:**

Including: Obstetric Lectures .....15 hours  
Obstetric Nursing .....15 hours 30 hours

**PEDIATRICS:**

Including: Pediatric Lectures .....15 hours  
Pediatric Nursing .....15 hours 30 hours

Total Class Hours Second Term..... 60 hours

Total Class Hours Second Year..... 150 hours

**THIRD YEAR:**

*First Term:*

Psychiatry ..... 60 hours

Including: Psychiatric Lectures .....24 hours  
Psychiatric Nursing .....26 hours  
Clinics and Conferences.....10 hours

Social Problems in Nursing..... 15 hours

Emergency Nursing and First Aid..... 20 hours

Occupation Therapy ..... 18 hours

Including: Lectures ..... 8 hours  
Practice .....10 hours

Total Class Hours First Term..... 113 hours

*Second Term:*

Survey of Nursing Field or Professional Adjustments No. 2..... 30 hours

Total Class Hours Second Term..... 30 hours

Total Class Hours Third Year..... 143 hours

Total Class Hours—Three Year Course..... 922 hours

\*Affiliation in a general hospital.

Approximate Time Assignment to the Clinical Divisions

Preliminary or Introductory Period..... 24 weeks

**MEDICAL NURSING:**

Including: General Metabolic and Special Medical..... 24 weeks

**SURGICAL:**

Including: General Gynecological Urological..... 22 weeks

Orthopedics ..... 6 weeks

Dietary ..... 6 weeks

Operating Room ..... 12 weeks

Pediatrics ..... 12 weeks

Obstetrics ..... 12 weeks

Contagion ..... 4 weeks

Out Patient Department..... 4 weeks

Psychiatry ..... 14 weeks

Tuberculosis ..... 4 weeks

Vacation ..... 9 weeks

## DESCRIPTION OF COURSES:

### ANATOMY AND PHYSIOLOGY:

This course is planned to give the student an appreciation of the structure and functions of the human body.

Lectures, demonstrations and dissections..... 90 hours

### MICROBIOLOGY:

The characteristics and activities of microorganisms and their relation to health and disease are studied; also the sources, modes and prevention of infection and isolation; disinfections, and neoplasma.

Lectures, recitations, demonstrations and laboratory work .... 45 hours

### CHEMISTRY:

The purpose of this course is to acquaint the students with the principles of inorganic, organic and, physiological chemistry with special application to nursing practice.

Lectures, recitation, laboratory..... 60 hours

### PSYCHOLOGY:

This course is an introduction to the study of human behavior, with emphasis on the total individual, and on the underlying principles of mental adjustments often encountered by a nurse in a hospital.

### NURSING ARTS:

During this course the emphasis is on health nursing, beginning with the students care of her own health. After she has acquired a proper attitude toward her own health she will better understand the place in nursing in the preservation of health and the prevention of disease, as well as in the care of the sick. She learns in the school laboratory the various nursing procedures and after practice, is gradually introduced to the actual care of patients. All her work with patients is supervised with the idea of helping her adjust to varying situations. Elementary massage and bandaging are included:

Lectures, recitations, demonstrations and laboratory..... 150 hours

### PROFESSIONAL ADJUSTMENTS No. 1:

An orientation course that considers the principles that guide and govern personal and professional conduct; the recognition of difference in religious beliefs; individual and group standards of the profession.



Lectures, discussions and visits through the hospital.....15 hours

**HISTORY OF NURSING:**

The purpose of this course is to help the student find herself in her new vocation and to appreciate the social responsibilities which she inherited when she identified herself with nursing as a profession, and to have some acquaintance with persons who have been most influential in shaping its ideals and standards.

Lectures, discussions and reports..... 15 hours

**PHYSICAL EDUCATION:**

Consists of ball room and Folk dancing, tennis and organized hikes.

**SOCIOLOGY:**

This course considers (1) principles of sociology; (2) the nurse as a citizen of the community and as a professional worker; (3) the social agencies in the community, recognizing the hospital as the most important part; (4) the patient in the hospital coming from a family and returning to a family..... 30 hours

Lectures and discussions and field trips.

**PATHOLOGY:**

This course gives the student an appreciation of the changes brought about in the body due to illness.

Lectures and laboratory..... 15 hours

**ARITHMETICS OF SOLUTIONS:**

This course is to teach the student the proper strengths and preparation of solutions and computing dosages, a thorough knowledge of fractions and the Metric System is essential to understand this course.

Lectures and demonstrations..... 15 hours

**PHARMACOLOGY AND THERAPEUTICS:**

The course considers the important and most commonly used drugs, their relationship to the treatment of disease. The dosage administration, physiological and therapeutic actions, toxic symptoms, antidotes and emergency treatments.

Lectures and recitation and reports..... 30 hours

**NUTRITION AND PREPARATION OF FOOD:**

The student is taught the fundamental principles of nutrition and food preparation for normal physical development and sound health.

Lectures, demonstrations and laboratories..... 45 hours

**NURSING IN MEDICAL DISEASES:**

This course includes the study of medical diseases most commonly dealt with, stressing the nursing care as an important part of the treatment. The advanced nursing procedures which are applicable are studied at this time.

Lectures, recitations and demonstrations..... 30 hours

**NURSING IN GENERAL SURGICAL DISEASES:**

The surgical aspect of diseases is considered together with the factors determining the need for surgical interference. The students are taught the principles and methods of surgical asepsis, allied subjects and the social, health and mental aspects.

Lectures, recitations and demonstrations..... 30 hours

**PSYCHIATRY:**

It is intended that this course will enable the nurse to learn to interpret abnormal behavior, to learn something of the causes, symptoms, treatments and nursing care of the mentally ill as well as to gain an understanding of psychological appreciation of the class relationship between mental and physical conditions.

Lectures, recitations and reports..... 60 hours

**SOCIAL PROBLEMS IN NURSING:**

The causes for certain social conditions are considered, such as crime, delinquency, war, etc. Discussion of better housing, relief agencies, prevention and control of venereal diseases.

Lectures and discussions..... 15 hours

**EMERGENCY AND FIRST AID:**

This is usually the American Red Cross standard course.

Lectures and demonstrations..... 20 hours

**OCCUPATION THERAPY:**

This course gives the value, uses and form of occupation therapy: Selection of work for individual patients: consideration of diversional recreative aspects of occupation therapy:

Lectures, and demonstrations..... 18 hours

The following courses are given in the affiliating school:

Diet in Diseases, Communicable Diseases, Orthopedics, Gynecology, Urology, Operating Room Technique, Eye, Ear, Nose and Throat Diseases, Obstetrics and Pediatrics.

**AFFILIATION:**

The School offers an affiliation course in Psychiatric Nursing to students in general hospitals.

**AIMS OF THE COURSE:**

To establish an affiliation that will give student nurses in their junior or senior year an understanding of psychiatric patients and the nursing care of such patients, as well as an understanding of, and appreciation of, the close relationship between mental and physical conditions.

**LENGTH OF COURSE:**

The length of the course is twelve weeks and students are admitted at intervals of twelve weeks all during the year.

**EXPENSES:**

The expenses of the course such as salary, books and transportation must be borne by the home school.

Full maintenance will be provided by this school.

**COURSE:**

The course covers a period of twelve weeks and consists of lectures, ward teaching, clinics, demonstrations, electric shock and chemical therapy.

**THEORY:**

Psychiatry .....	20 hours
Psychiatric Nursing .....	22 hours
Occupation Therapy .....	18 hours
Clinics and Conferences.....	15 hours

**PRACTICAL WORK:**

Acute Psychiatric Division.....	6 weeks
Acute Medical and Surgical Division.....	4 weeks
Occupation Therapy Department.....	2 weeks

**HOURS ON DUTY:**

All students will be on duty 48 hours per week including class work. No vacation is allowed during the affiliation period. Two Sundays and two week days in each month will be granted the student off duty.

**HEALTH PROGRAM:**

A complete physical examination is prerequisite to admission. During the course the student will be provided hospitalization and medical care for minor illnesses. Time lost because of illness or other causes must be made up before leaving this school.

**RECORDS:**

Upon completion of the affiliation course the home school will be sent a summary of the student's hours of instruction and clinical experience, and efficiency report.

All communications should be addressed to Director of School of Nursing, Milledgeville State Hospital, Milledgeville, Georgia.